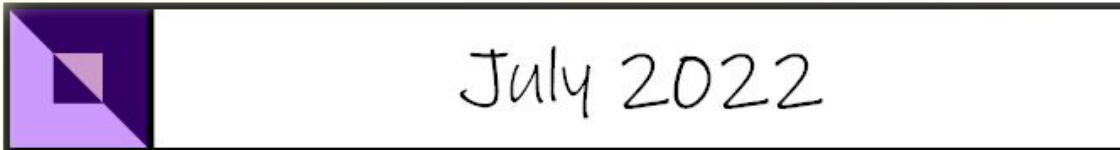




EARLY CHILDHOOD MENTAL HEALTH CONNECTION

MOVING LIVES FORWARD



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Paint with spaghetti noodles	Sidewalk chalk and outline self
Wash bikes and outside toys	Splat art fireworks	Make homemade whistles	Make large soap bubbles	Have a special word that has a special noise	Squirt gun water paint	Mud painting
Fizzy foam car wash	Edible <u>ooey</u> gooey worms	Creepy crawlers in slime	Whipped cream sensory play	<u>Ooblick</u>	Muddy car race	Pet rocks art painting
Glow in the dark chalk	Shaving cream slip and slide	Sand volcanos	Freeze items And excavate them out	Paint with your feet	Ice and Lemon play	Make watermelon slime
Water balloon paint party	Rainbow Glitter Sidewalk paint	Jell-O Foam	Nature Items tic tac toe	"Paint" the house with water	Sponge water bombs	Make your own pizzas
Rainbow bubble wrap trees						

Centennial ECMH



With children being home through the summer, routines are not always followed and the expectations are not reality. We find the need to have activities for the kiddos that are "outside of the box." During this time of the year the ECMH team wants to offer some "out of the box" ideas for you and your kids to try. These are colorful, exciting and should be enjoyable for everyone.

MEET CENTENNIAL'S EARLY CHILDHOOD CONSULTATION TEAM



AMY NATION, MA, IMH-E® INFANT FAMILY SPECIALIST

EARLY CHILDHOOD MENTAL HEALTH CONSULTANT

821 E Railroad Ave
Fort Morgan, CO 80701
Phone (970) 867-4924 Ext.2231
Cell (970) 571-2174
amyn@centennialmhc.org

Ages 0-5

Covers the following counties:
Logan, Morgan

LAUNCHING ZOOM SECURE TELEHEALTH SERVICES!

Our ECMH team is excited to announce that consultation services are now available using Zoom Secure Telehealth Services. These services are available to client families, schools, childcare centers and community partners with group and individual meetings available. All services will be provided using this private, secure video platform, and can be accessed using most electronic devices. For more information or to set up a consultation appointment, please contact our ECMH team or your local Centennial Mental Health Center office.



ERIN POUNDS, MS, IMH-E® INFANT FAMILY SPECIALIST

EARLY CHILDHOOD MENTAL HEALTH CONSULTANT

821 E Railroad Ave
Fort Morgan, CO 80701
Phone (970) 867-4924 Ext.1152
Cell (970) 520-3320
erinp@centennialmhc.org

Ages 0-5

Covers the following counties:
Morgan, Washington
& Yuma

For additional support during
the COVID-19 Pandemic you
can call Centennial's
**COMMUNITY
SUPPORT LINE**

You can do this by calling your
nearest Centennial office:

Akron - 970.345.2254
Burlington - 719.346.8183
Cheyenne Wells - 719.346.8183
Elizabeth - 303.646.4519
Fort Morgan - 970.867.4924
Holyoke - 970.854.2114
Julesburg - 970.474.3769
Limon - 719.775.2313
Sterling - 970.522.4392
Wray - 970.332.3133
Yuma - 970.848.5412



SHANNON PARKER, MA ECE/ECSE IMH-E® INFANT FAMILY SPECIALIST

MATERNAL MENTAL HEALTH CONSULTANT

211 W Main St
Sterling, CO 80751
Phone (970) 522-4549
Cell (970) 571-5966
shannonp@centennialmhc.org

Ages Prenatal-5

Covers Cheyenne, Elbert, Kit Carson,
Lincoln, Logan, Morgan, Phillips,
Sedgwick, Washington & Yuma Counties

WWW.CENTENNIALMHC.ORG

Centennial is an equal opportunity
provider and employer.

Centennial Mental Health Center es un proveedor
y una empresa de igualdad de oportunidades