

**Morgan Community College Learning Resource Center  
920 Barlow Road  
Fort Morgan, CO**

**MENTAL HEALTH VIDEO RESOURCES**

**I. General**

<b>Call #</b>	<b>Title</b>	<b>Producer</b>
VC362.20422 Hot	<u>Imagining Robert, my brother, madness, and survival</u>	Hott, Lawrence
VC362.8292 Wal	<u>The Abused Woman: a survivor therapy approach</u>	Newbridge Comm.
VC616.89 Dis	<u>Fires of the mind: circuits of fear -- anxiety disorders</u>	Discovery Channel
VC612.82 Res	<u>Secret Life of the Brain</u>	Richard Restak
VC612.82 Res	<u>Secret Life of the Brain: Baby's Brain</u>	Richard Restak
VC616.82 Res	<u>Secret Life of the Brain: Child Brain</u>	Richard Restak
VC616.82 Res	<u>Secret Life of the Brain: Adult Brain</u>	Richard Restak
VC616.82 Res	<u>Secret Life of the Brain: Aging Brain</u>	Richard Restak

**II. Autism**

<b>Call #</b>	<b>Title</b>	<b>Producer</b>
VC616.89 Dis	<u>Fires of the mind; the invisible wall-- Autism</u>	Discovery Channel

### III. BiPolar Disorder

VC616.82 War	<u>Mysteries of the mind</u>	Ward, Phyllis
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### IV. Depression

<b>Call#</b>	<b>Title</b>	<b>Producer</b>
VC616.89 Dis	<u>Fires of the mind: flight from despair -- depression</u>	Discovery Channel
VC616.8527 Xen	<u>Taking control of depression: mending the mind</u>	Xenejenex
VC362.2 Mpi	<u>Depression beyond the darkness</u>	MPI Video
VC616.8527 Fil	<u>Depression: biology of the blues</u>	Films for Humanities
VC616.8527 Fre	<u>Depression: a cognitive therapy approach</u>	Newbridge Comm.
VC150.1943 WNE	<u>The Mind V.3</u>	WNET
VC612.82 War	<u>Mysteries of the mind</u>	Phyllis Ward

### V. Drugs

<b>Call#</b>	<b>Title</b>	<b>Producer</b>
VC362.2 Tea	<u>Dangers of drugs and alcohol</u>	Videos for Classroom
VC155.5 Ars	<u>Peer Pressure</u>	Richard Arsenault
VC362.29 Fil	<u>Close to home: Moyers on addiction</u>	Films for Humanities
VC362.293 Fil	<u>Kids and drugs</u>	Films for Humanities

## **VI. Eating Disorders**

<b>Call#</b>	<b>Title</b>	<b>Producer</b>
VC616.852 Edu	<u>Understanding anorexia and bulimia</u>	Educational Video
VC616.8526 Fil	<u>Silent Hunger: anorexia &amp; bulimia</u>	Films for Humanities
VC362.29 Fil	<u>Anorexia and bulimia</u>	Films for Humanities
VC616.8526 Tel	<u>Eating disorders the slender trap</u>	Telford-Clark Prod.

## **VII. Schizophrenia**

<b>Call#</b>	<b>Title</b>	<b>Producer</b>
VC510.92 PBS	<u>A brilliant madness</u>	PBS
VC616.89 DIS	<u>Fires of the mind: schizophrenia</u>	Discovery Channel
VC616.8982 VMP	<u>Schizophrenia: stolen lives, stolen minds</u>	VM Productions

## **VIII. Suicide**

<b>Call#</b>	<b>Title</b>	<b>Producer</b>
VC174.24 Sem	<u>Before I die medical care and personal choices</u>	Films for Humanities
VC362.175 Moy	<u>On our own terms: Moyers on dying</u>	Moyers
VC155.5 MTI	<u>Bodywatch: dangerous years</u>	MTI